

22 January 2009

**CONSTITUTION OF THE
UNINCORPORATED ASSOCIATION**

-known as-

IBH HELP

Name

1. The name of the Association shall be IBS Help (the Association) and its website www.ibshelp.org.uk

Head Office

2. The head office of the Association is at 1, Woodview Cottages, Curbridge, Hampshire, SO30 2HB or at such other place as the Executive Committee shall from time to time decide

Objects and Primary Purpose

3. The objects and primary purposes for which the not-for-profit Association is established are

3.1. To achieve through the provision of a web based advice service and directory the advancement of knowledge and the fostering of the professional expertise of its members, to support and promote the objectives of the treatment of Irritable Bowel Syndrome (IBS) by hypnotherapy and to promote and encourage good practice in hypnotherapy.

3.2. To provide and disseminate advice and information about the treatment of IBS with hypnotherapy which is important and beneficial to the public at large and affiliate members and to supply to its members such services, and in connection with those services such goods as are both referable only to the aims of the Association so far as possible without payment, other than an advertising membership subscription.

3.3. To support and provide information services for its members and all other professionals engaged in providing services for the treatment of IBS with hypnotherapy.

3.4. To assist and promote good liaison and communication between all bodies and professional organisations involved in clinical hypnotherapy.

3.5. To encourage and promote the best clinical quality and highest ethical standards amongst all the persons whose interests it represents.

3.6. To facilitate the financing and infra-structure of the Association by means of a Directory of professional Affiliate Members which shall enable the Association to carry out the requirements of its constitution without levying a membership charge on its ordinary members, and to give security over the assets of the Association whether for the purposes of borrowing by the Association or for the purpose of securing the borrowing of any third party and whether by pledge, lien, charge, or such other security as the Association sees fit.

3.7. To do all or any of the above things in the United Kingdom and, as principal, agents, contractors, trustees or otherwise and by or through trustees agents or otherwise and either alone or in conjunction with others.

3.8. To do all such other lawful things as are incidental to the attainment of any of the above objects

Income and Property

4. Any income and property of the Association howsoever derived shall be applied solely towards the attainment of the objects of the Association as set forth in this Association and except as provided by this constitution no portion thereof shall be paid or transferred directly or indirectly by way of profit or otherwise to the members of the Association.

Dissolution

5. If upon the winding up or dissolution of the Association there remains, after the satisfaction of all its debts and liabilities, any property or assets whatsoever, the same shall not be paid to or distributed among the members of the Association but shall be given or transferred to some other institution or institutions having objects similar to the objects of the Association to be determined by the Executive Committee. If and insofar as effect cannot be given to this paragraph then to some charitable object connected with health care to be determined by the Executive Committee.

Definitions and Interpretation

6. In this constitution 'Executive Committee' means the committee elected in accordance with the provisions of this constitution 'Secretary' means any person appointed to perform the duties of Secretary of the Association 'Ordinary Member' means a member of the Association admitted to membership pursuant to Clause 7. 'Affiliate Member' means a member admitted to membership pursuant to Clause 7. The singular includes the plural and vice versa and the masculine includes the feminine and vice versa.

Membership

7.1 The number of members of the Association shall be unlimited.

7.2. Members shall be admitted to membership of the Executive Committee who will carry out the roles and responsibilities of Chair and Secretary of the Association.

7.3. There shall be two classes of members namely

7.3.1. **Ordinary Members:** comprising the two founders.

7.3.2. **Affiliate Members:** non-voting members – comprising of individuals providing or connected with professional hypnotherapy services specialising in the treatment of IBS including other complementary and alternative medicine. The minimum eligibility criteria for affiliate members shall be that they have some form of relevant experience and/or professional or vocational qualification that reach the published minimum standards of this Association.

7.4. **The Association is non-profit making** and Ordinary membership of it is free. Ordinary members of the Association shall not be under any financial liability arising or connected with their membership

7.5. Every prospective applicant Affiliate Member shall, prior to admission to membership, deliver to the Secretary an application for membership in such form as the Secretary may from time to time determine.

7.6. The Executive Committee may in its absolute discretion and without giving any reason refuse to admit any person to be a Member/Affiliate Member of the Association.

General Meeting

8. The Association shall in each year hold a general meeting as its Annual General Meeting in addition to any other general meetings in that year and shall specify the meeting as such in the notices calling it. Not more than fifteen months shall elapse between the date of one Annual General Meeting of the Association and that of the next.

Officers

14.1. The Officers of the Association shall be the Chairman and Secretary.

Executive Committee

15.1 The affairs of the Association shall be governed by an Executive Committee which shall comprise the Officers of the Association who are the ordinary members.

Powers and Duties of the Executive Committee

16.1. The Executive Committee may exercise all such powers of the Association as are not, by this constitution, required to be exercised by the Association in general meeting.

16.2. The Executive Committee shall cause minutes to be made in a minute book provided for the purpose of keeping accurate records.

16.3. The Executive Committee can adjust the Affiliate Membership fee(s) in line with inflation.

16.4. The Executive Committee can pay invoices received for services such as website design and updating through its service agreement at a rate not to exceed £50.00 p.h. outside agencies/contractors will be paid at the prevailing rate of the agreed contract.

16.5. The Executive Committee will have a service agreement with Solent-Hypnotherapy.co.uk the founder of which will be the Associations Chief Executive Officer.

Constitution

17. This constitution may be amended by a resolution submitted to a general meeting of the Association and duly passed.

Dissolution

18. The Association may be dissolved by a resolution to that effect passed at a general meeting of the Association by not less than three quarters of the members present and voting at the meeting. Following such resolution the property and assets of the Association shall be disposed of in accordance with paragraph 5.